

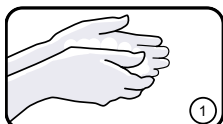
Instruction and calendar Methotrexate Teva Pen

**Methotrexaat
Teva Pen**



Injection instruction

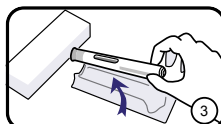
BEFORE



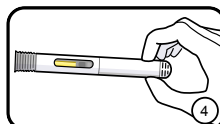
1 Wash your hands with water and soap



2 Sit or lie in a comfortable position



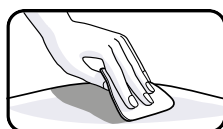
3 Remove the pen from the packaging and check if the seal between the white area and the green cap is intact



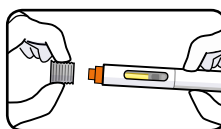
DURING



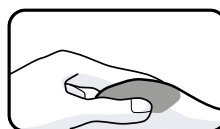
4 Choose a different injection site each time (see back)



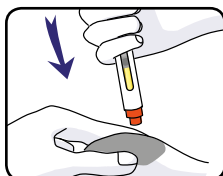
5 Clean the injection site with an alcohol swab



6 Remove the cap



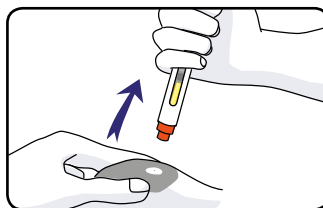
7 Make a fold in your skin by gently squeezing and holding it



8 Place the orange needle guard against the injection site



9 Press the pen down against your skin until you hear and feel a click to start the injection



10 The injection is complete after the 2nd click. Take the pen from your skin after 2 to 3 seconds and let your skin fold go

AFTER

11 Check the pen after use. The window must be green after the injection. This means that all liquid has been injected

12 Place the used pen in the needle bin


Apply medication once a week

Calendar for use Methotrexate Teva Pen

CALENDER INSTRUCTION:

- 1 Choose a day on which you want to inject every week
- 2 Change the injection site every week. Write an **A, B, C** or **D** underneath the week number corresponding to the image below
- 3 Write down the date of the injection besides the letter of the injection site

ON WHAT DAY DO YOU WANT TO INJECT?



month	week 1	week 2	week 3	week 4	week 5*
January					
February					
March					
April					
May					
June					
July					
August					
September					
October					
November					
December					

..... (enter here)

* not every month has a week 5

NOTES